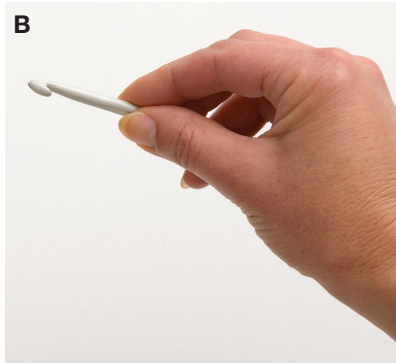
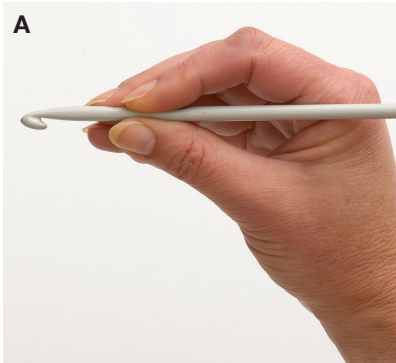


HOLDING THE HOOK AND YARN

There is no set rule to holding the hook and yarn. With practice, you will find a method that is comfortable for you. Hold the hook in your right hand as if holding a pen. Centre your right thumb and forefinger on the flat section of the hook (A). Alternatively, you may prefer a firmer overhand grip, as if holding a knife (B). The hook faces downward.



The left hand holds the work and controls the yarn supply. To maintain the slight tension in the yarn needed for easy and even working, wind the yarn around the fingers as shown (C).