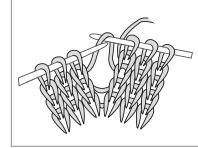
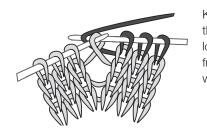
MAKE 1 (M1)



To make an extra st, with right-hand needle, pick up loop which lies before next stitch (from the front) and place on left hand needle.



Knit (or purl) into back of this loop. This will twist the loop and prevent a hole from appearing in your work.